Greek salad - Serves 4

Ingredients:

- 150g feta cheese, diced
- 3 tomatoes, diced
- 1 red onion, sliced finely
- 1 small, firm cos lettuce, chopped
- 1 cucumber, chopped
- 50g olives, without stones
- 1 lemon, juice only
- 2tbsp extra virgin olive oil
- 3 tbsp red wine vinegar
- 2 tbsp dried oregano

Method:

1. Crumble the feta cheese into a bowl.

2. Stir in the chopped tomatoes, onion, lettuce, cucumber and the olives.

3. Add the lemon juice, oil,and vinegar.

4. Mix in the oregano.

Did you know ?

Cucumber and tomatoes are a good source of Vitamin C. Try not to peel cucumber as the skin contains goodness.

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